Self-Determination Consolidated Support Services (CSS)

Start-up Broker Presentation
Hosted by Seaford SEPTA

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Self-Determination…

- … a philosophy that emphasizes:
  - Freedom / Choice
  - Support
  - Authority
  - Responsibility
  - Self-Advocacy

http://nyselfd.org/
http://www.sanys.org

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Person-Centered Planning

- An ongoing process
- A strengths-based approach
- Includes the individual and those that know them and are important in their lives
- Values
  - meaningful choices
  - maximizing natural and community supports
  - fostering personal relationships, community inclusion, dignity and respect
  - quality-of-life and satisfaction as outcomes

http://www.capacityworks.com/

Agency / Group Services vs. Self-Determined / Self-Directed Services:
Funding Flow Illustration

Agency-Based Group Programs

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Self-Directed Supports & Services
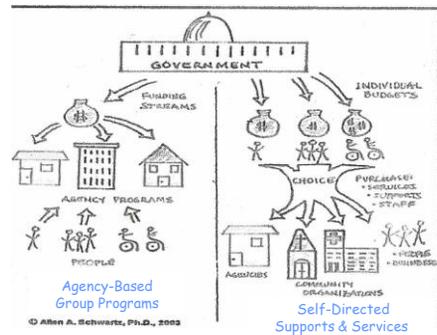
Consolidated Support Services (CSS)

- CSS is a Medicaid program under the Home and Community-Based Service (HCBS) waiver.

- CSS is one way to access services through the New York State Office for People with Developmental Disabilities (OPWDD)

Consolidated Support Services (CSS)cont…

- With CSS, the person with a developmental disability and those that know them best…
  - … design their own program of supports and services
  - … manage their own service budget
  - … decide who to interview and hire as support and how they will be trained
  - … arrange their own service schedule
  - … make their own decisions about what they wish to do on a daily basis and how they want to spend their time.

Is CSS Right For You?

- If you desire more freedom and choice…
- If you want more control in how you are supported…
- If you are willing to assume some of the responsibility of managing your own services…

3 Types of CSS Plans

- Other than residential only (OTR)

- Residential only

- BOTH

Consolidated Support Services (CSS)

Will Pay For	Won't Pay for
• Salaries for support staff	• A business or the cost of starting a business
• Limited Clinical Services (with justification)	• Personal Employment
• Transportation to/from (only) habilitative activities	• Purchase of property (e.g. car, home)
• Habilitative Training	• College Education
• Start-up / Support Broker services	• Vacations for the participant
• A Limited Housing Subsidy	• Personal Recreation
	• Internet Server Connection
	• Computers
	• Luxury Items
	• Clinical Services for Children
	• Experimental medical or clinical services
	• Anything that CAN be funded through other sources

Things You Need to Apply for CSS

- OPWDD eligibility for services
  - Complete and submit an OPWDD Transmittal Form (http://www.opwdd.ny.gov/wt/images/wt_transmittal_form.pdf)
  - Medical or specialty report indicating diagnosis
  - Psycho-social report
    - If I.Q. is above 60, an assessment of adaptive behavior is required
      - E.g., Vineland, ABAS

People Needed for the CSS Process

- LIDDSO CSS Liaison
- Medicaid Service Coordinator
  - Completes a DDP2
- Start-up Broker / Support Broker
- Circle of Support (COS)
  - Usually includes immediate family
  - Can include ANYBODY that has an interest in the individual and is willing to participate
  - Shifts and changes over time

Components of a CSS Plan

1. Identifying Information
2. Personal Profile and Description of the CSS Plan (justified through Plan Worksheets)
   - Staff Supports, Weekly Schedule, Transportation, Miscellaneous Services
3. Valued Outcomes
4. Safeguards
5. Additional Information

Creating a CSS Plan, the Process

1. Contact the LIDDSO CSS Liaison, Michelle Giuliano @ 631-493-1804
2. Visit **www.sanys.org** for a listing of Start-up Brokers and find one to work with you
3. Determine/form a Circle Of Support (COS)**
4. Develop a person-centered plan (PCP)**
5. Begin to explore community opportunities and identify potential staff **
6. Develop support plan **
7. Create an individualized budget **
8. Await final approval of plan and then schedule a "launch" meeting **

*** indicates "… with the help of a Start-up Broker"*

Once the Plan is Launched

- A Personal Resource Account (PRA) is established
- The PRA is held and managed by a Fiscal Employer Agent (FEA)
  - The FEA becomes the "***employer of record***"
    - Handles paychecks, benefits, worker's comp, background checks, liability insurance, Medicaid compliance issues, general training, etc.
  - The COS is the "***managing employer***"
    - Hires, fires, schedules employees, submits required documentation, sets the agenda, day-to-day
- The Start-up Broker is "replaced" by a Support Broker (99.9% of the time is the same person)

Paperwork

- The COS or their *designee* approves and submits…
  - Employee timesheets every 2 weeks
  - Contracted Employee Invoice (if used)
  - Employee mileage reimbursement forms (as needed)
  - Reimbursement requests for staff expenses / out-of-pocket expenses approved in the budget (as needed)
  - A CSS Monthly Summary Note (due each month by the 10th)

Maintaining the CSS Plan

- Monthly COS meetings (or quarterly)
- Monthly report from FMS regarding the budget
- Plan review every 6 months by a Support Broker
- Annual review and modification every year by Support Broker
- Extraordinary circumstances requiring emergency support arranged by COS and LIDDSO Liaison
- Ongoing identification / recruitment of potential support staff

Questions?…

Thank you!

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