

KID ESTEEM AFTER SCHOOL CENTER FOR SOCIAL LEARNING AND EMOTIONAL GROWTH

175 South 11th Street
Lindenhurst, NY 11757
(631) 321-6675
www.KidEsteem.com

At Kid Esteem your child will have fun learning important skills like positive self-expression, problem solving, and coping with the stress and frustrations of everyday life! Our groups and programs provide a much-needed break from electronic media while focusing your child on the social emotional skills necessary for success!

- Social Skills
- Emotional Intelligence
- Behavior Management
- Self-Esteem



Specialized groups and individual counseling also available for children with ADHD, Autism, Asperger's Syndrome, PDD-NOS, anxiety, oppositional anger and other social, emotional and developmental challenges.

KID ESTEEM DIRECTORS

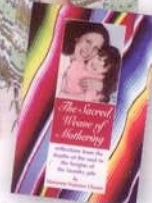
Lee R. Chasen PhD, RDT, LCAT

Dr. Lee is a New York State Licensed therapist and group leader for children and families, effectively combining child-friendly play and creative arts techniques with strong cognitive and behavioral foundations for over twenty-five years. Dr. Lee is the author of three books, *Surpassing Standards in the Elementary Classroom* (2009, Peter Lang Publishing), *Social Skills, Emotional Growth and Drama Therapy: Inspiring Connection on the Autism Spectrum* (2011, Jessica Kingsley Publishing) and *Engaging Mirror Neurons To Inspire Connection and Social Emotional Development for Children and Teens on the Autism Spectrum* (2014, Jessica Kingsley Publishing). Dr. Lee's work focuses on providing creative models for social and emotional learning concepts critical to neurological processing, intellectual growth and integrated development. Dr. Lee was the proud recipient of the the 2013 Research Award from the North American Drama Therapy Association.



Marianne Franzese Chasen MA

Marianne is a New York State Certified Teacher and has received extensive training in creative arts counseling, psychodrama and poetry therapy. Marianne's book *The Sacred Weave of Mothering* (2002, Aslan Publishing) continues to provide comfort, guidance and inspiration for thousands of mothers and parents. Marianne has made numerous guest appearances on nationally syndicated radio and television shows around the country, discussing her perspective on women's and family issues, spiritual growth and psychological healing.



Programs for Typical Children in Mainstream K - 9th Grade Classrooms

Emotional Intelligence and Maturity

Kid Power Hour Social Emotional Learning

Kindergarten - 5th Grade

Tools for developing emotional maturity, positive self-expression, socialization, self-esteem and behavior management are taught through role play, adventure stories, puppets, character development, costumes, masks and other fun, creative arts activities.

Fee for 10 week class: Fall / Spring - \$295

K - 1st Grade: Tuesdays 4:30 - 5:30 PM

2nd - 3rd Grade: Fridays 4:30 - 5:30 PM

4th - 5th Grade: Tuesdays 5:45 - 6:45 PM

If You're Angry And You Know It...

Kindergarten - 5th Grade & Parent

Specific strategies and interventions are presented in a fun and creative manner to help you and your child find positive and appropriate ways to process, express and control anger.

Fee for 6 week parent and child class: Winter / Summer - \$295

Winter Tuesdays *Ages 5 - 10 and parent:* 5:45 - 6:45 PM

Summer Tuesdays *Ages 5 - 7 and parent:* 3:45 - 4:45 PM

Ages 8 - 10 and parent: 5:00 - 6:00 PM

Peace Inside Me Anxiety Management

Kindergarten - 5th Grade

Specific cognitive and behavioral strategies combine with creative arts, role-play and relaxation techniques to provide your child with the tools needed to cope with anxiety and phobias.

Fee for 10 week Fall / Spring session - \$295

Fee for 6 week Winter / Summer session - \$195

Fall / Winter / Spring Thursdays: 5:00 - 6:00 PM

Summer Tuesdays: 6:15 - 7:15 PM

Power To Lead

Ages 6th - 9th Grade

Creative arts, role-play and fun group encounters help early adolescents gain individual empowerment, self-esteem, leadership skills, social skills, and positive self-expression to more effectively deal with the challenges of family life, peer pressure and school. 10 week Fall/Spring and 6 week Winter/Summer sessions offer different, yet related, activities and content.

Fee for 10 week Fall / Spring session - \$295

Fee for 6 week Winter / Summer session - \$195

Fall / Winter / Spring Fridays: 5:45 - 6:45 PM

Summer Fridays: 6:15 - 7:15 PM

Sibling-Ade

Brothers and Sisters Ages 4 - 10

Built on a foundation of fun and teamwork, this group provides the tools that challenge siblings to manage competition, solve problems and cooperate toward a more positive and rewarding sibling relationship.

Fee for 6 week class - \$295 first two siblings, \$100 each additional child

Summer Tuesdays: 12:15 - 1:15 PM

Social Skills

Making Friends Social Intelligence Skills

Kindergarten - 5th Grade

Role-play, creative arts and fun group encounter activities teach your child specific skills and pragmatic responses that lead to more comfortable and positive peer interaction.

Fee for 6 week class: Winter / Summer - \$195

Winter Tuesdays *Ages 5 - 7:* 4:30 - 5:30 PM

Winter Fridays *Ages 8 - 10:* 4:30 - 5:30 PM

Summer Fridays *Ages 5 - 7:* 2:30 - 3:30 PM

Summer Fridays *Ages 8 - 10:* 5:00 - 6:00 PM



Self-Esteem

Bully-Proof Training

2nd - 6th Grade

Creative techniques and positive strategies empower children who have been bothered by bullies to feel good and strong about standing up for themselves.

Fee for 10 week class: Fall / Spring - \$295

Saturdays 1:00 - 2:00 PM



Girl Power

Kindergarten - 5th Grade

You know it's in there! Our fun and creative approach to self-awareness and empowered expression will teach your girl how to nurture her own unique potential, build confidence and manage frustration.

Fee for 6 week Summer session - \$195

Tuesdays 2:30 - 3:30 PM



The Power Of Boys

Kindergarten - 5th Grade

This fun and exciting class uses creative action and adventure to help your shy or quiet boy harness the power of his many important emotions and learn confidence, self-control and positive expression.

Fee for 6 week Summer session - \$195

Fridays 3:45 - 4:45 PM



ADD/ADHD Management

Family Life Matters for ADD/ADHD Management

Kindergarten - 5th Grade and Parents

Children with ADD, sensory, learning and other neurological challenges learn how to manage impulse and behavior through emotionally intelligent expression, problem solving strategies, on-task behavior, self-control and social skills through structured, creative arts and expressive language activities. Parents learn how to implement effective behavior management systems, keep children on task and resolve power struggles.

Fee for 10 week Fall /Spring child and parent classes - \$395

K - 2nd Grade: Saturdays 1:00 - 1:45 PM

3rd - 5th Grade: Saturdays 2:00 - 2:45 PM

B.A.S.I.C. Brain Power

ADD/ADHD, Sensory and Learning Issues: *K-5th Grade*

Fun, creative arts activities and task mastering strategies help children to address and remediate challenges they face in managing spatial **B**oundaries, **A**ttention issues, **S**ensory integration, **I**mpulsivity and **C**ontrol (B.A.S.I.C.).

Fee for 6 week Winter /Summer class - \$195

K - 2nd Grade: Winter Saturdays 1:00 - 1:45 PM / Summer Fridays 1:30 - 2:15 PM

3rd - 5th Grade: Winter Saturdays 2:00 - 2:45 PM / Summer Fridays 12:30 - 1:15 PM

C.E.O. (Cognitive Executive Organization) Coaching

Ages 12 - 17

Strategies and tools for strengthening functions such as focus, attention, memory, planning, prioritizing, time management and self-assessment to assist in managing school tasks, study skills, test taking and general organization.

Fee for each 6 week Fall / Winter /Spring session - \$295

Saturdays 2:15 - 3:00 PM

**Take 10% off program fees if you've previously attended Kid Esteem groups
OR if you are signing up with another new person**

Programs for Children with Autism Spectrum Disorder, Asperger's Syndrome, PDD-NOS and Social Pragmatic Communication Disorders

Our clinical approach to social skills and emotional intelligence training for children diagnosed with Autistic Spectrum Disorder, Asperger's Syndrome and PDD-NOS provides a fun and engaging experience that facilitates the tools needed to manage home, school and social environments with more competence and success.

Systematic Social Skills

Ages 5 - 11

Designed specifically for high functioning children, the thirty week program, divided into three ten-week sessions, combines a methodical approach to acquiring specific social skills with fun and playful opportunities to apply those skills. A prize based reinforcement system and video taped feedback is used to facilitate self-assessment and increased awareness. Your child's progress is guided through an Individualized Socialization Plan. Parents receive weekly followup skills sheets and individual conferences to help guide and coach the children through various social situations and experiences. Program fees may be reimbursed by the New York State Family Support Services Grant Program.

Fee for each 10 week session: Fall / Winter / Spring - \$295

Fee for 6 week Summer session: - \$195

Ages 5 - 6: Saturdays 9:30 - 10:15 AM

Ages 7 - 8: Saturdays 10:30 - 11:15 AM

Ages 9 - 11: Saturdays 11:30 AM - 12:15 PM



My Turn

For brothers and sisters of special needs group members

This fun support group for brothers and sisters of special needs siblings provides a creative, expressive outlet for dealing with the challenges of having a sibling with special needs.

Fee for each 10 week session: Fall / Winter / Spring - \$195

Fee for 6 week Summer session: - \$100

Saturdays: 9:30 - 10:15 AM, 10:30 - 11:15 AM, 11:30 AM - 12:15 PM, 1:00 - 2:00 PM

Early Childhood

Start-Up Social Skills

Ages 3 - 4

This structured group incorporates concepts described in Systematic Social Skills by engaging pragmatic speech and connection through creative arts techniques and guided play encounters.

Fee for each 10 week session: Fall / Winter / Spring - \$295

Fee for 6 week Summer session: - \$195 Saturdays: 10:45 - 11:30 AM

Teen

Teen Social Skills

Ages 12 - 17

A dynamic experience for high functioning teens on the spectrum using role-play, video modeling and fun, age-appropriate activities to engage social-emotional development and pragmatic skills listed in the **Systematic Social Skills** group.

Fee for each 10 week session: Fall / Winter / Spring - \$295

Saturdays: 3:00 - 4:00 PM

We Tube

Ages 12 - 17

Fun, creative approach for high functioning teens using video and 'movie making' to practice reading and interpreting social cues, facial expressions and body language, learning about individual communication styles, and dealing with challenging social situations.

Fee for each 6 week session: Fall / Winter / Spring - \$295

(\$195 if also signed up for Teen Social Skills)

Saturdays 2:00 - 3:00 pm



New clubs forming for children already enrolled in social skills programs!
Add a fun club to focus on learned skills before or after social skills group!

Choices will include:

- Legos Master Builders • Pokemon Connection • Cooking • Super Hero Class
- Dance for Joy • Drama • Art • Music ...And more! Info to follow in the Fall!

On-Track Social Skills

Ages 5 - 12

A creative, pragmatic approach for lower functioning children who are more challenged by conceptual thought and interactive language. Some language and/or ability with basic group routines are required. SEIT's, shadows and aides may participate with child.

Fee for each 10 week session: Fall / Winter / Spring - \$295

Fee for 6 week Summer session: - \$195

Saturdays: 9:45 - 10:30 AM



Schedule of Programs for 2014-2015

Fall Session: October 4th - December 20th *Free Trial Orientation Week begins September 27th

Winter Session: January 5th - February 14th

Spring Session: March 9th - June 13th *Free Trial Orientation Week begins March 2nd

Summer Session: July 6th - August 15th

REGISTRATION FORM FOR ALL PROGRAMS

Name: _____

Child's Name: _____ Age: _____

Address: _____ Zip: _____ Phone #: _____

Session: _____

Program: _____ Day: _____ Time: _____

Program: _____ Day: _____ Time: _____

10% discount if you've already taken a group with us or if you're signing up with another new person.

Name of new person: _____

Mail to: Kid Esteem After School Center, 175 South 11th Street, Lindenhurst, NY 11757

Kid Esteem Inc. is a 501c3 nonprofit educational organization.

TOTAL PAYMENT ENCLOSED:

Kid Esteem After School Center
175 South 11th Street
Lindenhurst, NY 11757
(631) 321-6675
www.kidesteem.com

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KID ESTEEM

Where All Kids Belong!
Celebrating 20 Years of Positive Results!

**Newly
Expanded
Social Learning
Center**



Positive Expression
Positive Behavior
Positive Results
Positively Fun!

**Groups and Programs
for Children ages 3 - 18**

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