SEAFORD MANOR ELEMENTARY SCHOOL

A MEMO FROM THE HEALTH OFFICE

February 14, 2014

Dear Parents/Guardians,

The health office staff provides many services for children when at school, including first aid, vision/hearing/scoliosis screenings, medication administration (with proper documentation) maintaining and treating students with medical concerns and helping to maintain a healthy school environment.

Below is some information for you to review.

Please call 592-4055 before 9:30 a.m. if your child will be absent or late from school. After 9:30 a.m., please call 592-4072/592-4073.

Please call 592-4067 if your child will be absent from SCOPE.

It is suggested that you keep children home for 24 hours if they were sent home from school ill. Please keep your child home from school if they are not feeling well in the evening or morning prior to coming to school. Administration of medication before school only delays the reappearance of symptoms and does not remove communicability and contagiousness.

If a child is sent to school ill or has general complains of not feeling well while in school, parents will be advised to pick up students from school in a timely manner.

Students who frequent the health office will receive a phone call from the student's teacher or the school nurse to discuss this concern.

Please update your emergency contacts on the Seaford parent portal with any new cell phone numbers or contacts. Please try to have names and numbers available for those who will be able to pick your child up in a timely manner if you are unavailable.

Cough drops should be sent to the health office to be used with staff supervision. Please provide your child with "chap stick" or lip cream if necessary in school.

Please provide your child with proper footwear for outside recess time. Sandals, flip-flops and boots with high heels are dangerous and injuries may occur if they are worn.

All notes for a student to be excused from physical education class must be sent to the health office.

Any child who is excused from physical education class for any reason will NOT be allowed to play at recess. This includes a note from the doctor/parent that states, "allow recess." A table is available outside for students to stay during recess. Students may bring a book or school approved activity to this table.

The monitorial aides are given a daily list of students who are excused from physical education class/recess and will check to make sure that the proper students are at the "medical table."

Students are allowed to participate in most indoor recess activities if the weather does not allow for outside recess.

Physical forms are still due to the health office. If you were sent a reminder memo, please sent in your physical form to the health office as soon as possible. If a physical form is not returned, your child will be examined by the school physician.

Food allergic students must provide their own safe snack for snack time and class celebrations. We can not provide them with any food other than they have sent in to school

Goodies bags should **NOT** contain any food or candy items. Please do **NOT** send in any food or candy to be sent home with students for any celebrations.

As a reminder of our September parent letter as well as the letter regarding the no food policy on the bus sent home last week, we would like to reiterate that for the safety of **ALL** students, the elementary district decision is to not send any food or candy home with the students.

Thank you for your understanding and cooperation.

Yours in Manor Pride,

Debra Emmerich

Principal

Julie Canale, R.N.

School Nurse